



AN INTRODUCTION TO HYPNOSIS

Hosted by Joanne M. Ferdman, C.H.

**Learn how this transformational tool
can help you succeed!**

**WEDNESDAY, MARCH 3RD, 2010
@ 7:30 p.m. Complimentary!**

**Come and enjoy a soothing, stress-reducing
group meditation!**

Join us as we:

- * Dispel the myths and misconceptions of hypnosis.
- * Learn the difference between traditional hypnosis and the therapeutic 5-Path Method.
- * Learn how 5-Path Hypnosis can help you achieve your goals.
- * Learn what The 7th Path Self-Hypnosis System can do for you.

Hypnosis can help you with the following:

**Sports Improvement • Eliminate Fears • Lack of Focus • Anxiety • Smoking Cessation
Fertility • Weight Reduction • Anger Issues • Relationships • Procrastination
Pain Management • Stress • Self-Confidence • Eliminate Negative Habits
and Much More!**

Joanne Ferdman is a Certified Hypnotherapist and Theta Healing Practitioner. Choosing to go beyond the boundaries of traditional hypnosis, Joanne completed advanced hypnosis certification studies in the Five Phase Abreactive Therapeutic Hypnosis System (5-Path) and is a certified instructor of the 7th Path Self Hypnosis System. Using her diverse set of skills, Joanne has helped scores of clients overcome their individual obstacles and achieve their personal goals utilizing hypnosis, emotional freedom techniques and other energy healing modalities. In addition to working privately with hypnosis clients, Joanne also teaches people the art of meditation, and facilitates workshops for creating prosperity and manifesting abundance. She has also expanded her expertise into the corporate world where she has decreased workplace stress and improved productivity.

Contact us today to register! Space is limited!!!

Call 631-673-5433

LIFE CENTER *Counseling & Health Services*
• 214 Wall Street • Suite 300 • Huntington, NY 11743 •
631-673-LIFE • www.lifecenterli.com